

Triratna Young Buddhists News

Spring/Summer 2016



Early 2016 is brimming with ways to connect with other young people in the Dharma with events for Sub25s, young men, young women, and all. Bring your friends and make new ones!

Sub 25s Retreat - An Opportunity to Awaken: 1-3rd July, Adhithana

"This human birth is precious, an opportunity to awaken, but this body is impermanent. Ready or not one day I shall die"

Our lives are precious and brief. What is the best way to live? In which direction should we pour our energies and youth? How do we make the most of this human life? This weekend is an opportunity to explore these questions with like-minded people aged 25 or under. Book online: <http://adhithana.org/>

Young Men's Retreat - Awakening the King: 15-22nd April, Padmaloka

What is it that a man can aspire to in his life?

At best the modern world presents only limited, superficial and flawed answers to this question. Buddhism on the other hand offers a vast and awe-inspiring vision of our potential. On this retreat we will be focussing on the archetype of the king, specifically as expressed in the life and example of the Buddha and how this can empower our collective and individual Dharma lives. Book online: <http://www.padmaloaka.org.uk/>

Young Women's Weekend: 22-24th April, Taraloka

"Find the truth, and then live by it."

Another pithy piece of advice from Sangharakshita but how does it manifest? What is the truth? How do we live by it? This weekend is a precious opportunity for young women to come together to explore this exciting theme, make friends and have fun! Book online: <http://www.taraloka.org.uk/>

Karuna Appeals

"Karuna Appeals are transformative because you are doing something for others"
(Sangharakshita)

Men – Bodhisattvas in the City

6 month urban retreat, 7 May to 9 October, London
Live in a Buddhist community;
Meditate and study the Dhamma with like-minded people;
Receive a financial support package and complimentary retreats;
Help alleviate suffering in India
With Sanghanath 020 7700 3434

Women – Transforming Self and World

Do something amazing this Spring, Summer or Autumn! Join one of our door-to-door appeals - a six week, fundraising Dharma Intensive with Kusaladevi 07870 924024 and Sanghamani 07715 151149:
12th March to 24th April
OR 11th June to 24th July
OR 10th September to 23rd October
appeals@karuna.org

Dwelling in the Dharma:

How to create and sustain vibrant communities

25-28th March, Adhithana, UK. Book online: <http://adhithana.org/>

Volunteer at the Buddhafield Festival: 13-17 July

What are you up to this July? Do you want to be part of something rewarding and watch your efforts bloom into the enjoyment of thousands of people? Have you been to Buddhafield Festival before and want to get involved? Are you keen to spend time outdoors and have a hand in creating one of Britain's greenest, most intimate and much celebrated festivals? <http://buddhfield.com/?festival=volunteers>

Generosity Unleashed: Low Countries Retreat

25-28th March, Metta Vihara, Netherlands Book online <http://mettavihara.nl/>

German Young Buddhist Retreat

5-7th August, Vimaladhatu, Germany <http://www.vimaladhatu.de/>

Retreat Days at Dhanakosa, Scotland

Creating a Buddhafield, April 9th
Contemplating the Beautiful, July 9th
<http://www.dhanakosa.com/>

thebuddhistcentre.com/youngbuddhists

Join and follow for all the local, national and international Young Buddhist news

May all blessings be yours!

Prajnaketu

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