#### Tiratana Vandana – Pāli Text and Translation

#### 1. The Buddha Vandana

Namo tassa bhagavato arahato sammāsambuddhassa Namo tassa bhagavato arahato sammāsambuddhassa Namo tassa bhagavato arahato sammāsambuddhassa

Namo tassa – respectful salutations to him Bhagavato – he who has the highest spiritual qualities, awe-inspiring, sublime and auspicious. Arahato – worthy or noble Sammāsambuddhassa – really and truly awake

# Iti'pi so / bhagavā araham sammā-sambuddho

Such indeed is he / the Free, the Fully and Perfectly Awake

# vijjā-carana sampanno / sugato

Equipped with Knowledge (vijja) and Practice (carana) / Attained to real happiness

# loka-vidū / anuttaro purisa-damma-sāratī

Knower of the Worlds / Unsurpassed Guide-of-Men-to-Be-Tamed (People of the Dharma)

## satthā / deva-manussānam

Teacher / of Gods and Men

# buddho / bhagavā ti

The Awakened One / Richly Endowed

#### **Chorus**

# Buddham / jīvita pariyantam / saranam gacchāmi

To the Awakened One / All my life / I go for Refuge

# Ye ca Buddha / atītā ca

To all the Awakened / of the past

# Ye ca Buddha anāgatā

To all the Awakened / yet to be

# Paccuppannā / ca ye Buddha

To all the Awakened / that now are

## Aham vandāmi sabbadā

My worship flows unceasingly

## N'atthi me saranam aññam

There is no other refuge for me

#### Buddho me saranam varam

The Buddha is my foremost refuge

## Etena sacca-vajjena

Oh by the virtue of this truth,

## Hotu me jayamangalam

May grace abound, and victory!

#### 2. The Dharma Vandana

#### Svākkhāto / bhagavatā / Dhammo

Well-communicated is / the Richly Endowed One's / Teaching

#### sandiţthiko / akāliko / ehipassiko

Immediately Apparent / Eternal / A personal invitation (ehi - come, passiko - see)

## opanayiko /

Progressive or forward-leading /

# paccatam / veditabbo / viññūhī'ti

Personally / to be known / by the wise

#### **Chorus**

# Dhamman / jīvita-pariyantam / saranam gacchāmi

To the truth-teachings / All my life / I go for Refuge

#### Ye ca Dhammā atītā ca

*To the teaching / of the past* 

## Ye ca Dhammā anāgatā

To the teachings / yet to be

## Paccuppannā ca ye Dhamma

To the teachings / that now are

# Aham vandāmi sabbadā

My worship flows unceasingly

#### N'atthi me saranam aññam

No other refuge than the truth

#### Dhammo me saranam varam

The Dharma is my foremost refuge

## Etena sacca-vajjena

Oh by the virtue of this truth,

## Hotu me jayamangalam

May grace abound, and victory!

## 3. The Sangha Vandana

## Supaţipanno / bhagavato / sāvakasaṅgho

Happily proceeding / is the Richly Endowed One's / fellowship of the Hearers

## ujupatipanno / bhagavato sāvakasangho

Uprightly proceeding / is the Richly Endowed One's / fellowship of the Hearers

## ñāyapaţipanno / bhagavato sāvakasangho

Methodically proceeding / is the Richly Endowed One's / fellowship of the Hearers

## sāmīcipaţipanno / bhagavato sāvakasaṅgho

Correctly proceeding / is the Richly Endowed One's / fellowship of the Hearers

# yadidam cattāri purisayugāni attha purisapuggalā

namely, these four pairs of Individuals (stream entrant, once returner, non-returner and arahant) these eight Persons (their practice at that level, and their experience of the fruits of that level)

# Esa bhagavato sāvakasaṅgho

This fellowship of Hearers (savakasangho) of the Richly Endowed One (bhagavato):

# āhuneyyo / pāhuneyyo / dakkhineyyo

Is worthy of offerings brought from afar / of those reserved for special guests / and made for the sake of Nirvana

# añjalikaranīyo anuttaram

*Is worthy of salutation with folded hands* 

#### puññakkhettam lokassā'ti

*Is an incomparable source of goodness to the world* 

# Sangham / jīvita-pariyantam / saranam gacchāmi

To the Sangha / to the end of my life / I go for refuge

Ye ca Sangha atītā ca To the Sangha / of the past Ye ca Sangha anāgatā To the Sangha / yet to be

Paccuppannā ca ye Sangha *To the Sangha / that is now* 

Aham vandāmi sabbadā My worship flows unceasingly

N'atthi me saranam aññam *No other refuge than the truth* 

Saṅgho me saranaṃ varaṃ The Sangha is my foremost refuge

Etena sacca-vajjena

Oh by the virtue of this truth,

Hotu me jayamangalam May grace abound, and victory!