

# Hridayabija...

*'Seed of the Heart'*

*Dharma in a three acre forest garden/living Eco-system with a natural swimming pond*



*'Thank you for welcoming us into this amazing space of emergence –  
It's an awesome sacred space and it's been a privilege to be here!'*

- **To See the World in a Grain of Sand** – Photography in Mindfulness — Sagaravajra & Sahajatara, 19 May/5 Days
- **Wolf at the Door – Discovering the Goddess** — Padmachandra & Dhivan, 8 June/3 Days
- **Ecosattva Path: Resources to Meet our Times** — Guhyapati, 18 Jul/6 Days
- **The Universe is Alive! The Bodhisattva and the Hidden Gem** — Akkupa, 4 Aug/7 days
- **The Tibetan book of the Dead and the Living** — Sagaravajra, Sahajatara & Mahasukha, 8 Sept/5 days

Bookings at: [www.hridayabija.com](http://www.hridayabija.com)

