

Centre regulations for the use of the Centre - Arnsberg

Centre regulations for the use of the Centre (provisionally only study groups)

1. The large shrine room fits 11 people (including the leader) in front of the shrine.
2. Small study groups (up to 5 people) can possibly use the small shrine room and the study room while keeping the distance.
3. Large study groups (over 5 people) can only use the large shrine room (except for small groups)
4. Only two people can use the lending library at the same time while keeping their distance
5. The toilet may be used (it is better to go home beforehand); Keep distance in front of the toilet

Prerequisites for using the Centre:

- Participation is only possible at your own risk, the Centre cannot assume any responsibility for any illnesses if the rules are observed: Vulnerable people should rather stay at home or participate only with a mask
- The group leader must make a list of the names of the participants every evening
- You should wear a mask when you arrive and leave the Centre
- Only two people can use the cloakroom at the same time; others should wait on the stairs; in front of the entrance to the Centre is a small table with hand disinfectant, which should be used before and after the visit
- After hand disinfection, you should immediately sit down in the shrine room; use only fixed seats (prepared with mats, blankets and pillows; keep a few chairs in reserve)
- Greetings (and farewells) only verbally from a distance (no touch)
- One should avoid unnecessary chatting
- The group leader decides in consultation with the group whether a mask should be worn when sitting / talking. he / she may ask individual participants to wear a mask
- Shrine greeting, recitation and mantra singing is only possible with a mask
- Please do not take a tea break (if you really want to drink, bring your own drink and cup); only a minimal break while sitting is recommended
- Please do without cookies and snacks
- When working in small groups, use the small shrine room and / or library and comply with hygiene regulations
- Use the toilet as little as possible; avoid the tea kitchen
- Before and after the evening spray door handles and any touched surfaces with surface disinfectant (take-in time at least 4 minutes); Surfaces and floors should be cleaned weekly with surface disinfectant