

# Buddha Day events in Shrewsbury ...

**Mon 24th May - Sun 30th May** - zoom in from 7 - 7.45am for morning meditations with readings about the Buddha's Enlightenment. Led by Akasharaja.

([tiny.cc/shrewsbury-sangha](https://tiny.cc/shrewsbury-sangha))

**Wed 26th May** - Sangha night at 7.30 - 9.15pm on Zoom & in person at the Centre - Vajradevi will lead the evening, looking back on a talk entitled 'A Life for the Dharma' given by Bhante Sangharakshita in Birmingham in 1999 exploring the qualities of a 'great Buddhist'. The evening will include breakout groups and a meditation.

In person only from 9.30pm - Abhayanara will lead a visualisation of the Buddha Shakyamuni. And then a Puja led by Akasharaja in the Centre garden.

**Saturday 29th May** - 11-12.30 on Zoom.

Ratnaguna will give a talk and invite discussion on the theme of the Buddha's Enlightenment, drawing on a Mahayana text, the Lalitavistara Sutra. Join

on [tiny.cc/study-with-ratnaguna](https://tiny.cc/study-with-ratnaguna)

**Saturday 29th May** - Meditation and Puja in the Centre - 5.00-6.30pm

Saravantu and Vajrapriya will lead a session in person, continuing the theme started by Ratnaguna, taking extracts from the Lalitavistara Sutra, with meditation, walking and puja.